About ArtStream

ArtStream’s programs encourage collaboration and engage people of all ages with intellectual and developmental disabilities (IDDs)—including autism—in lifelong learning opportunities. Through ArtStream’s classes, performances, social skills workshops, and other programming, participants gain skills and confidence to engage with the world.

We welcome everyone, regardless of ability, to work together and learn from each other.

Mission Statement

Through collaborative performance and lifelong learning opportunities, people with intellectual and developmental disabilities gain the skills and confidence to engage with the world.

Philosophy

We believe that when people make their own choices and are engaged, stimulated, challenged and inspired, they surpass both their own and others’ expectations.

Vision

To build an inclusive world where everyone can perform their art out.

Press

ARTSTREAM VIDEO
Susan Kenedy | August 20, 2018
Montgomery County Council
ArtStream is featured for giving adults with special needs an opportunity to channel their “inner Shakespeare”.

“C’MON GET HAPPY!”
Chris Slattery, May 31, 2018 | CultureSpotMC
ArtStream actor Ana Bradley and Cabaret Director Pamela Leighton-Bilik, are profiled in this article featuring the Maryland Summer Cabaret Happy Again: Songs, Dreams, and Rainbows.

“WRITING AND PERFORMING ARE THE MUSIC DRIVING ARTSTREAM PRODUCTION”
Barbara Trainin Blank, April 19, 2018 | Montgomery County Sentinel
ArtStream actor Kirsten Davidson and Director Madeleine Barry are profiled in The Montgomery Sentinel for their show, The Miraculous Tales of Stonehaven.

“ARTSTREAM TWIN-BILL PRODUCTION COMBINES ORIGINALITY AND INCLUSIVENESS”
Scott McCaffrey, March 19, 2018 | InsideNOVA
ArtStream Board Chairman Franklin Myers and Treasurer Paul Murray are featured in this article about the Virginia Inclusive Theatre Company productions of WXYZ: Spelling Out the News So You Don’t Have To and Must Love Music. Mentor Jon Paul Frederick and Directors Carolyn Ricks (Must Love Music) and Elizabeth Cronin (WXYZ...) are also quoted.

INTERVIEW WITH NATALIE ZANIN AND VADIM BARYSHEV ON “WASHINGTON REPORT”
Stevie Bridgewater, January 13-14, 2018 | Washington Report

ArtStreamers dance the night away at the 2017 Annual Gala and Dance Party. Photo by Sherri Holdridge.
Who We Are

OUR LEADERSHIP TEAM

Board of Directors
Franklin J. Myers  
Chairman
Sari Hornstein  
Vice President
Maggie Haslam  
Secretary
Paul Murray, CPA  
Treasurer

Members at Large
Eleanor Allen  
Pamela Brown  
Kristen Chou  
Mike Cooper  
Kirsten Davidson – Client Liaison  
Cameron Elliot  
Adam B. Fine  
Lisa Gaffney  
Karen Mitchell, CPA  
Julie Reddig

Staff
Heller An Shapiro  
Executive Director
Marilyn Brown  
Development Assistant
Doreen Cronrath  
Director of Finance and Administration
Abby Madden  
Program Coordinator
Lyndsey Medlin  
Program Manager
Colleen Marie Siler  
Theatre and Events Manager

Consultants
Miriam Hess, Evelyn Shapiro  
Grant Writer
Popcorn & Ice-Cream  
Marketing

ArtStreamers pose at the 7th Annual Gala and Dance Party.
INCLUSIVE THEATRE COMPANIES

Actors develop and perform an original musical. The company votes on a theme, creates original characters, and improvises scenes. Scenes are then scripted to become an original one-act musical.

Inclusive Theatre Company Season 2017-2018

Gaithersburg Inclusive Theatre Company A performs "To-May-To, To-Mah-To" at Bender JCC of Greater Washington. Photo by Patrick M. Ryan.

Thanks to everyone who made these performances a success: the families of the actors, volunteer mentors, backstage volunteers, wonderful venue hosts, amazing technical team, and the creative actors on stage!

Support for the Inclusive Theatre Companies comes from:


CABARET COMPANIES

Cabaret Companies perform at AMP by Strathmore. Actors agree on a theme for an ensemble music and dance show, and then each actor works with the choreographer and music director to develop solo and small group music, dance, or drama performances.

Cabaret Company Season 2017-2018

Maryland Cabaret Company performs Funiculi, Funicula in Happy Again: Songs, Dreams, and Rainbows at AMP by Strathmore. Photo by Sherri Holdridge.

1st Our first season!
2 Cabaret Companies
15 actors performed in two sold-out shows at AMP by Strathmore.

Thanks to everyone who made these performances a success, especially Natalie Zanin who created and directed the first Cabaret, Pamela Leighton-Bilik who directed the second Cabaret, the families of the actors, volunteer mentors, the team at AMP and Strathmore, and the awesome actors in the spotlight!

Support for the Cabaret Companies comes from:

Kristen N. Chou, Ning Solutions, Inc., and ArtStream Board Member.
INCLUSIVE DRAMA AND SOCIAL SKILLS CLASSES

Over 800 inclusive drama and social skills classes were held for 1,242 students in Maryland and Virginia. Class themes include comedy, musical theatre, improv, public speaking, role play, party dancing, and other social skills.

Classes 2017-2018

ArtStream classes are growing throughout the metro region!
This year’s classes ranged from Reston, VA to St. Mary’s County, MD.

Participants dance in a Shakespeare for All class, featuring A Midsummer Night’s Dream. Photo by Heller An Shapiro.

NEW CLASSES INCLUDED:

**Virginia:**
- Super Social Saturdays
- Shakespeare for All
- Dance class at Chimes Virginia

**Maryland:**
- Summer camp at the Treatment and Learning Centers
- Improvisation workshop at College Learning Experience
- Leadership classes at Target Community Services
- Performing classes at NCC
- Self-Advocacy classes for St. Mary’s County Public Schools

Classes grew by 25%

Students grew by 31%

MILITARY HOSPITAL PROGRAMS

Allies in the Arts
Over 400 injured servicemembers and their family members gained creative opportunities to improve physical, mental and emotional healing, recovery and rehabilitation.

You Are a Work of Art (YAWA)
Helped over 1,500 nursing staff and medical technicians improve their resilience and morale through creative projects.

Served as a demonstration project for Uniformed Services University of the Health Sciences medical residents to learn about the role of arts in healing.

NOTE: Starting in FY19, these programs will be managed by the Institute for Integrative Health.

We went international!
Classes were held in Indonesia via video chat.
Community Matters

“We are so lucky to have supportive friends and family! Sometimes relationships like these feel natural and easy.

Sometimes these relationships can be difficult to start or can go through stages where it feels uncomfortable. Stay positive! It will take life-long practice to feel like you are a master of social skills.”

Nicolette Stearns, M Ed., ArtStream Co-Founder, Master Teacher and author of “ArtStream for Life”

Belonging to a Community Improves:
- Health
- Happiness
- Motivation

How We Find Belonging
- Theatre, Dance, Music
- Social Club
- Super Social Saturdays

Socializing with Friends – The Art of Getting Involved
ArtStream for Life by Nicolette Stearns, M Ed.
Sometimes the fear of reaching out can overpower our desire to make friends and be social. When you feel this fear, try these exercises to boost your social confidence!

1. Think Fun!
What do you like to do for fun? Think of friends and people you know who like the same thing.

2. Research
List (verbal, written, or drawn) your top seven activities. Research or ask a trusted adult to help you find programs where you can participate in these activities.

3. Practice
Pantomime (acting without words, only movement) some of your favorite sports or activities to explore how it may feel to engage in them.

Ways to Build Your Community
- Challenge yourself to take a risk and try something new, like a class in something you love.
- Let go of judgements
- Share your differences
- Accept others into your community
- Promote togetherness

“A sense of belonging is a human need, just like the need for food and shelter.”
Karyn Hall, Ph.D. Psychology Today

“A loneliness is the only real disability.”
Beth Mount, David Pitonyak, The Importance of Belonging

Participants dance in a Shakespeare for All class, featuring A Midsummer Night’s Dream. Photo by Heller An Shapiro.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>ArtStream original musicals</td>
<td>created and performed this season</td>
</tr>
<tr>
<td>105</td>
<td>ArtStream actors in Inclusive Theatre and Cabaret Companies</td>
<td></td>
</tr>
<tr>
<td>1,242</td>
<td>ArtStream students</td>
<td></td>
</tr>
<tr>
<td>810</td>
<td>ArtStream classes</td>
<td></td>
</tr>
</tbody>
</table>

Participants dance in a Shakespeare for All class, featuring A Midsummer Night’s Dream. Photo by Heller An Shapiro.
ArtStream Challenge!

The People Net
We all need a people net, especially when we are trying to learn new things. Who is in your people net? Make a list of all the people in your life who function as supports.

My friends at ArtStream

“Each day is a chance to enter life’s stage in the role of a lifetime. Be your best self.”
Nicolette Stearns, M Ed, ArtStream for Life

ArtStream’s Interview with Eli Lewis
- Silver Spring Company A

Eli has been acting for most of his life. After years with Imagination Stage, Eli started at ArtStream because he knew many of the founders through the Down Syndrome Network of Montgomery County. His life dream is to become a director.

ArtStream: What is your favorite part of ArtStream?

Eli Lewis: I like ArtStream a lot. I really like coming up with and creating new characters. I love the other actors. They are good friends. We do things together.

AS: What kind of things do you do with your friends?

EL: We like going to the movies.

AS: Your roommate, Steve, is also an ArtStreamer. What do you and Steve like to do?

EL: We play basketball and we like to go hang out at the mall. We love going to ArtStream and acting.

AS: What are you doing in ArtStream right now?

EL: We are working on creating our characters. That’s my favorite part. We are also picking a name for the show.

AS: Is it hard to pick a name when there are so many people involved?

EL: No. Doing this in a large group makes it easy. Things are always harder by yourself.

Mary Ann Dawedeit (Eli’s Mom)

Eli got to be one of the Kings at the Kennedy Center Page-to-Stage Festival, and that was super special, and a lifelong dream of his. Eli was impressed because he knew Connor through work but since Connor couldn’t make it, he called Eli. And that, as a 27-year-old man, is important. Your guy needs you! It was so cheerful to be a part of that connection. Eli wasn’t even in the company that was invited, but they called on him! How great is that? That is community. You know these kinds of things don’t happen on a day-to-day basis for a person with visible differences, so it was meaningful.
Volunteers

Volunteers serve as role models, help to lead small groups, keep actors on task, and give one-on-one attention to students. Many volunteers are inspired by working with ArtStream to pursue careers in disability services, performing arts, psychology, and behavioral therapy.

4,014
Volunteer hours logged this year

$110,399
Estimated value of volunteer hours

“ArtStream is a safe space to be authentic in your personal development as a human and an artist. I feel uplifted and I feel that I am uplifting others towards their goals when I’m at ArtStream.”

Kathryn Hamilton, ArtStream volunteer

Teaching Artists

61
Teaching artists lead classes, create curriculum, and inspire actors

Financial Data FY2018

1,242
Total Participants in 2018

REVENUE

Individual Donors 27.7%
Corporate Grants 4.4%
Foundation Grants 17.9%
Government Grants 10.4%
Tuition 17.3%
ArtStream ANNUAL REVENUE

EXPENSES

Program Services 88.3%
Management and General 3%
Fundraising 8.7%

T eaching Artists

61
Teaching artists lead classes, create curriculum, and inspire actors

Silver Spring Inclusive Theatre Company A performs Aloha, Eh? at Silver Spring Black Box Theatre. Photo by Liz Demaree.
STRATEGIC PLAN – Accomplished!

PRIORITY # 1 – IMPROVING AND EXPANDING PROGRAMS
- Maintain 6 Inclusive Theater Companies in MD and VA
- Expand classes and workshops throughout the metro region
- Develop Cabaret
- Maintain and strengthen program quality through training and curriculum development for teaching artists

PRIORITY #2 – COMMUNITY BUILDING
- Develop an outreach strategy to cultivate current and future ArtStream participants
- Recruit and train program volunteers/intergenerational volunteers
- Develop networking and sharing programs for parents/caregivers, and teaching artists
- Coordinate website/social media/newsletter strategy to improve outreach

PRIORITY #3 – GROWTH
- Strengthen and grow the ArtStream donor base
- Develop foundation, government and corporate grant opportunities
- Find costume/set storage solution

PRIORITY #4 – STRENGTHEN OUR ORGANIZATION
- Develop Board of Directors
- Strengthen staff team
- Move to accessible office space

ArtStream parent strikes a pose for cameras at ArtStream’s 7th Annual Gala and Dance Party. Photo by Sherri Holdridge.

ArtStream is proud to be selected as “One of the Best” community-based nonprofits in the 2018-2019 Catalogue for Philanthropy: Greater Washington.
Contributors:
September 1, 2017 – August 31, 2018

DONORS

$25,000+

Arts and Humanities Council of Montgomery County
Sari Hornstein
Maryland State Arts Council

$10,000 - $24,999

Pam and Morris Brown
DAV Charitable Service Trust
Amy Weinberg and Norbert Hornstein
Kajeet, Inc.
Molly and Frank Myers
National Endowment for the Arts
Prince Charitable Trusts
William S. Abell Foundation

$5,000 - $9,999

Carole Woodward
Carol and Tom Wheeler
Planning Team
The Washington Group Special Care
Shared Horizons, Inc.
Carolyn and Jerrold Post
Porto Charities
Patricia and William Newman
Connie and Paul Murray
Karen L. Mitchell
John Minzer
Foundation, Inc.
The Max and Victoria Dreyfus Education Fund
Lorraine S. Dreyfuss Theatre
Justin Loewke
David Lightfoot and Betty Tuller
Kelley Cares Foundation
Charitable Fund
Civitan Club of Tysons Corner
Mary G. Clark
Debbie Elget
Vance and Joseph Famme
Sandra Weill Fine and Adam B. Fine
Brandon and Deanna Flowers
Laura and Bruce Grabow
Maggie and Andy Haslam
Karen and James Huizenga
Jerry Hulick
Kathleen Nelson and John Kromer
McKinsey & Company
Charlene and Daniel O'Brien
Patricia O'Connor
Judy and Joe Pauley
Republic National Distributing
Company Foundation Inc.
Patricia A. Durham and Jay S. Ribler
Elizabeth Rogan
Barbara and Tom Schelstrate
Sanford and Miriam Shapiro
Andy and Jennifer Stern
TASC Combined Federal Campaign
Joyce and Erik Young

$500 - $999

Sally and Donald Anderson
Beverly and Umit Basoglu
Linc Boykin and George Gates
Michael and Virginia Colten Bradley
Capital Bank
$100 - $499

John S. and Anne Goodwin
Aviva and Andrew Goldfarb
Carolyn Glynn
Steve Gibb and Carolyn Vogel
Elizabeth Forbes and Nick Bastelos
Steve Gibb and Carolyn Vogel
Carolyn Glynn
Aviva and Andrew Goldfarb
John S. and Anne Goodwin
Michael Goodyear
Joseph Gootenberg
Ruth Gramlich
Pearl T. and David A. Hartley
Nancy Hartsock
Holley and Dick Haymaker

Silvia and Donald Anderson
Beverly and Umit Basoglu
Linc Boykin and George Gates
Michael and Virginia Colten Bradley
Capital Bank
Civitan Club of Tysons Corner
Mary G. Clark
Debbie Elget
Vance and Joseph Famme
Sandra Weill Fine and Adam B. Fine
Brandon and Deanna Flowers
Laura and Bruce Grabow
Maggie and Andy Haslam
Karen and James Huizenga
Jerry Hulick
Kathleen Nelson and John Kromer
McKinsey & Company
Charlene and Daniel O'Brien
Patricia O'Connor
Judy and Joe Pauley
Republic National Distributing
Company Foundation Inc.
Patricia A. Durham and Jay S. Ribler
Elizabeth Rogan
Barbara and Tom Schelstrate
Sanford and Miriam Shapiro
Andy and Jennifer Stern
TASC Combined Federal Campaign
Joyce and Erik Young

$100 - $499

Barbara Alexander
Eleanor Allen
Karel Amaranth
America's Charities
Alec and Andrea Anders
David and Kristin Anderson
Norman and Gail Antin
Richard Barsky
Terry Baugh
Stephanie Bell-Caldwell
Carol Blakeslee
Steve and Mary Brogan
Susan and Charles Brome
Larry Bullock
Emily Buning
Susan and Richard Carpenter
Catherine Snyder-Charlip and Lou Charlip
Miriam and Jim Coffman
Geoffrey and Kathleen Cooper
David Cravedi
Howard M. Datz
Ann DiPlacido
Robert and Karen Donahue
Doug Dowling
Sharon Ducette
Laura and John Elsey
Steve H. Flowers
Margaret and Terry Foley
Elizabeth Forbes and Nick Bastelos
Steve Gibb and Carolyn Vogel
Carolyn Glynn
Aviva and Andrew Goldfarb
John S. and Anne Goodwin
Michael Goodyear
Joseph Gootenberg
Ruth Gramlich
Pearl T. and David A. Hartley
Nancy Hartsock
Holley and Dick Haymaker

Carol and Tom Wheeler
Carole Woodward

Cordell and Ava Haymon
Steve and Peggy Hellrung
Nancy H. Hendry
Nico Hoffpauir
Sharon Horn
International Monetary Fund
Dennis and Mary Keyser
Susan and Andrew Kleit
Nancy Forsythe and Patricio Korzeniewicz
Taudel and Gerd Lange
Galah Langner
John Laster
Legal and General Corp
Catherine and Ike Leggett
Joel and Emily Limerick
Nancy and Thomas MacManus
Gregory and Susan Madden
Ed and Mary Ann Maloney
Pamela and David Malmgren
David Malouf
Andrea Massar
Ellen Meyerson
Rosemary Miller
Nancy S. Moses
Amy Neumann
Not Your Average Joe's O'Melveny & Myers DC, LLP
Hakan and Michaela Onel
Myra D. Outlaw
Cindy and Tony Pagonis
Mary and Ted Petti
Elizabeth W. Ratigan
Joe Richardson
Patricia and Gary Ritter
Robert Romo
Penny Russell
Aisha Salem
Ella Schiralli
Lynn M. Schoenfelder
Christina Schultz
Drs. Reem and Aman Shalabi
Robert Shapiro
Hellier An Shapiro
Lynn Shaw
Suellyn Sherwood
William Skane
Leonard and Beth Stark
John and Miriam Stein
Sterling Picture Framing
Kate Campbell Stevenson
Barbara and Charles Stone
Stuart's Medical LLC
Mary Fitzpatrick and Marty Sullivan
Marian Sweetapple
Stephen Swift
Cindy and Jonathan Tepper
Marlena Thompson
Robin Tolbin
Melissa and Philip Urofsky
Penny and Al Veerhoff
Nicole and Mitch Veno
Fern and George Wachter
Karen and Darwin Walker
Luke M. Warren
Janet Wittenberg
Woman's Club of Bethesda
Katherine Wood
Patti Woolsey
Robert Woolsey
Cynthia Yee
Special thanks to the Estate of Harold and Barbara Woolsey, whose generous investment in the early years of ArtStream made all of this possible.

IN HONOR OF
Nadja Abouraya
Katherine Campbell Stevenson
Susan Adams
Peggy Adams
Jill Arnett
Keith Arnott
Rebecca “Becky” Birch
Judy Birch
Ana Bradley
Jeri Moriarty
Megan Cooper
Ellen and Mike Cooper
Doreen Cronrath
Anonymous
Leah and Will Rooney
Steve Deming
Dennis Giblin
The Gaithersburg Staff
The Belgard Family
John Gould
Susan and Charles Brome
Joseph Gootenberg
Sari Hornstein
Stuart Brown and Diane Solomon
Gilah Langner
Fern and George Wachter
Carol and Tom Wheeler
Sari Hornstein and Alex Lightfoot
Nancy Hartscoke
Doris and Mia Johnson
Takis Damascos
Jeffrey Keyser
Mary and Dennis Keyser
Alex Lightfoot
Maureen Browne
Jack Lynch
Leslie Moore
Wendy Ann Larson and Laura Mulcahy
“Music Mike” Morton
Mary and Dennis Keyser
John W. Newman
Barbara and Charles Stone
Josef Newton
Stuart’s Medical LLC
Kerrie O’Brien
Steve and Cathy Flowers
Cassie Rennie
Sarah Pritscher
Heller An Shapiro
Lindsay Groff
Heller An Shapiro and Daniel Neal
35th Anniversary
Barbara Shapiro-Alexander
Terry Baugh
Ingrid Dallaire
Laura and John Elsey
Sara Hope Franks
The Holmcram/Trask Family
Sharon Horn
Andrea Massar
Nancy S. Moses
Elizabeth Rogan
Vivian Waddell
Nicolette Stearns
Peter and Judy Brown
Jenny Thompson
Marlena Thompson
Amy Toblin
Robin Toblin
Charlotte Woodward
Darcy Woodward

IN MEMORY OF
Dr. and Mrs. Morris Brown Sr.
  Nicolette and Mitch Veno
Robert Collins
Doreen Cronrath
John Daley
Virginia Daley Wallerstedt
Jane Elgot
Sylvia Hollander
Susan and Edward H. Neumann
Sally Livingston
Amy Neumann
Mary Martin
William Skane
Donna Worsham
Paul McDonough
David and Kristin Anderson
Colleen Dunn
Mary Kopmeyer
Joan and Albert Letourneau
Dennis and Carol Ringvelski
Orrin T. Shapiro
Sanford and Miriam Shapiro
Tracy Stumburger
Larry Bullock
Deborah Woolsey
Nancy MacManus

Over $416,000 was contributed to ArtStream in FY18 from individuals and from corporate, government and foundation grants.
Support ArtStream

DONATE
Tuition and ticket sales cover less than half (46%) of the cost of ArtStream’s programs. Your donations make it possible for people with intellectual and developmental disabilities (IDDs) – including autism – to perform on stage, participate in classes, feel empowered and respected, and actively engage in our communities.

- $75 funds a full costume for one actor in an Inclusive Theatre Company Show.
- $300 underwrites a public speaking workshop for self-advocacy and pre-employment skills.
- $1,000 sponsors an 8-week class in Broadway Song & Dance, Shakespeare, or Directing & Design.

Donate: www.art-stream.org/donate or mail a check to the ArtStream office.

OTHER WAYS TO GIVE

- Memorial gifts and gifts in honor
- Shop for ArtStream smile.amazon.com
- Planned giving
- Monthly contributions
- Corporate giving and sponsorships
- Facebook Fundraisers

Contact Us
ArtStream, Inc.
8401 Connecticut Ave, Ste 1230
Chevy Chase, MD 20815

www.art-stream.org
info@art-stream.org
(301) 565-4567